

SEW EASY™

Bias Strips for Appliqué

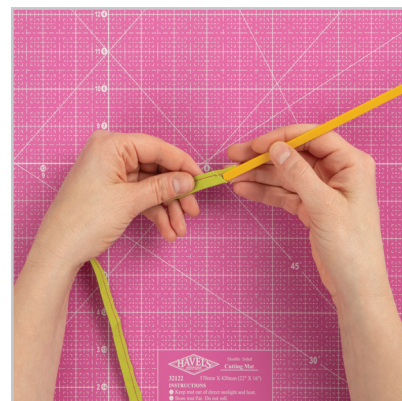
Bias pressing bars, made of metal or heat-resistant plastic, simplify the preparation of consistent-width bias strips.



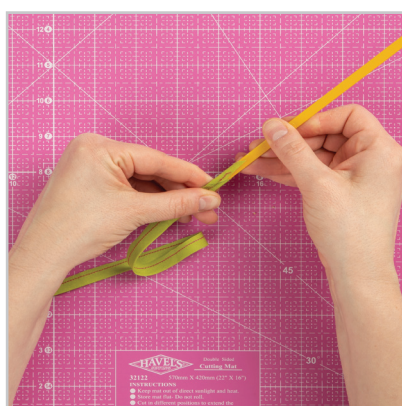
1. For $\frac{1}{4}$ "-wide finished strips, cut $1\frac{1}{4}$ "-wide bias strips. Fold strips in half lengthwise with wrong sides facing, and machine-stitch $\frac{1}{4}$ " from *folded edge*.



2. Trim seam allowance to $\frac{1}{8}$ ".



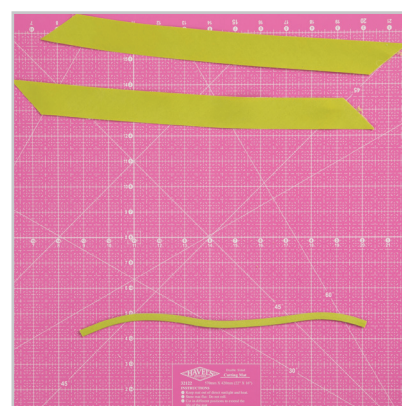
3. Insert $\frac{1}{4}$ "-wide bias bar into sewn strip.



4. Adjust strip so seam is centered on bar.



5. Spray with starch and press seam allowance to one side of strip.



6. Continue moving bias bar through strip until entire length is pressed.

Products used: Havel's Self-Healing Cutting Mat, Havel's 6" Serrated-Blade Fabric Scissors, and *performance icon*™ by PFAFF®. Fabric from Painter's Palette Solids collection from Paintbrush Studio Fabrics.



Watch this Sew Easy™ Lesson at [QuiltingCompany.com/Sew-Easy-Bias-Strips-for-Applique](https://www.QuiltingCompany.com/Sew-Easy-Bias-Strips-for-Applique)